

**WHAT ARE THE GOALS
OF THE VIOLENCE
INTERVENTION &
PREVENTION PROJECT?**

The goals of Gateway's Violence Intervention & Prevention Project are to empower and enable young people to:

- Understand and accept themselves, their strengths and weaknesses
- Build healthy relationships with others and work toward accepting differences
- Contribute their uniqueness and realize their potential while promoting peace and non-violence in all aspects of life
- Be proactive in identifying the possible consequences of their actions and in taking responsibility for the choices they make
- See conflict as an opportunity to become problem solvers
- Have empathy, compassion, and tolerance for others

GATEWAY Community Services is a non-profit organization providing a wide range of services to adolescents and their families in the greater Lansing area.

Other services

- Emergency Shelter for Runaways
- Family Counseling / Mediation Services
- Individual Counseling for Youth
- Transitional Living Program for Youth aged 16-20
- Independent Living Skills Instruction & Support
- Individual and Group Support for Youth Struggling with Sexual Orientation and Gender Identity

Program Services are provided at no cost to client or their parents / guardians.

Anyone living in the tri-county area may call to schedule an intake appointment.

**Call Gateway Community Services
For More Information
(517) 351-4000**

**Donations are gratefully
accepted.**

**VIOLENCE
INTERVENTION &
PREVENTION
PROJECT**



**Gateway Community Services
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Violence Intervention & Prevention Project

Gateway Community Services' Violence Intervention & Prevention Project (VIPP) began working with schools and community organizations in Ingham, Eaton, and Clinton Counties in 2003.

The Violence Intervention & Prevention Project was created to serve as a vehicle for individuals, organizations and systems to work together for the prevention of violence.

VIPP works to promote peaceful, thoughtful, and non-aggressive means by which young people can learn to channel and communicate anger and frustration.

VIPP is dedicated to the prevention of all forms of interpersonal violence, including family violence (child, partner, and elder abuse), sexual assault, youth violence, and hate crimes.

***EVERYONE HAS A ROLE IN
PREVENTING VIOLENCE!***

Aggression is a Learned Behavior

Gateway's Violence Intervention & Prevention Project (VIPP) utilizes **Aggression Replacement Training (ART)**.

Underlying Aggression Replacement Training is the idea that every act of adolescent aggression – in school, at home, in the community – has multiple causes, both external and internal to the youth.

The rationale behind ART is to arm the youth with the tools needed to act in constructive and non-aggressive ways in their school, home, and community. ART accomplishes this through Anger-Control Training and Moral Reasoning Training.

In **Anger-Control Training**, youth are encouraged to share descriptions of recent anger-arousing experiences through journal entries, group discussion, and visual arts and, over the course of the program, are trained in how to respond effectively in these stressful situations.

Moral Reasoning Training is a set of procedures designed to enhance the youth's sense of fairness, justice, and concern with the needs and rights of others.

ART is research-based and is recommended as a *Promising Safe, Disciplined, and Drug-Free Schools* program.

Program Uniqueness

- There is no charge to participate in the Violence Intervention & Prevention Project.
- VIPP provides sessions that can be arranged time-wise in a way that best suits the needs of the youth and organizations we partner with.
- Groups are held outside of traditional school hours.
- VIPP counselors specialize in violence prevention and social justice education.
- Gateway's VIPP works successfully in a variety of settings such as schools, youth and teen organizations, teen parent groups, community centers, and mentoring and diversionary programs.

To register your school or group for Gateway Community Services' Violence Intervention & Prevention Project contact:

Jen Loforese, VIPP Coordinator
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